

Knit Shawl Patterns



Supplies for a prayer shawl, approximately 60" by 20":

- 3 6 oz. skeins of Lion Brand Homespun yarn
- Size 11 or 13 straight or circular needles
Note: circular needles would be used like straight needles.

You may use your own yarn or use from the yarn supplies located in the parish nurse office.

Option 1 Rectangular shawl

Cast on 60 stitches.

Knit across and back.

Continue to knit; adding on second skein. Before starting the 3rd skein, cut 60 6"-8" pieces for each end of shawl (120 total) to use to make fringe. Then add on remainder of 3rd skein and continue knitting until the shawl is approximately 60" long.

Option 2 Triangular shawl

Cast on 3 stitches.

Row 1 Increase (knit into front and back of 1st stitch); K2. 4 sts.

Row 2-4 Increase; knit across; 7sts.

Row 5 K3; YO; knit across 8 sts.

Repeat Row 5 until shawl measures approximately 32" from cast-on edge.

Next Row K3; YO *K2 tog; YO; repeat from * across to last 3 sts; K 3.

Next 3 rows Increase; knit across.

Bind Off in knit.

Note: this shawl may only take 2 skeins



May this prayer shawl, made for you with prayer and blessing, be a symbol of God's healing arms.

May it warm you when you are cold; and comfort you when you are sad or lonely.

May it encircle you with caring. May it be a reminder of God's abiding love. Amen.

Crochet Shawl Pattern



Supplies for a 24" or 39" shawl:

- 3-5 skein of Caron Simply Soft or similar weight yarn.
- Hook, size H

Loosely chain (ch) 61 for a 24 inch shawl, 91 for a 39 inch shawl.

Row 1 (double crochet [dc], ch2, single crochet [sc]) in 4th chain from hook; *skip next 2 chs, (2 dc, ch2, sc) in next chain. Repeat from * across to end of row. Ch 2, turn

Row 2 (dc, ch2, sc) in first ch2 space. (2dc, ch2, sc) in each ch 2 space across to end of row. Ch 2, turn.

Repeat Row 2 until you have desired length.

Last Row *sc in 1st ch2 space, ch2. Repeat from * across and end with a sc. Finish off
May add fringe if desired.



Whispered prayers of hope mingle with the strands of yarn. The love and care of our God is expressed through the embrace of the prayer shawl.